A Dogwood Festival Event 2014 • JOIN THE CELEBRATION!

Running, Jogging, Walking, Talking Make it a Family Affair!

The 37th Annual Seaport River Run

Saturday, April 26, 2014

ENTRY FEE - $18

With Net Proceeds to the Willow Center and its Camp Erin

RACE TIME: 10 a.m. start for both courses. Formation at 9:40 a.m.

COURSE: Two routes: 2.9 miles and 6.2 miles (10k) along the Snake River. Begins in Clarkston's Swallows Park across the Interstate Bridge to Lewiston's Hellsgate State Park, and the shorter route from Swallows Park across the Southway Bridge and Snake River to Hellsgate State Park. Jet boat transportation will be provided by Snake River Adventures, at no charge, back to the Swallows Park start area. The Lewis-Clark State College track and cross-country program will provide time chips for individual run participants, to be included in your race packet. This will give individual time for the start/finish of your participation. If lost or not turned in, it will be the runner's liability for a $25 fee. (The race cost of $2 is included in your entry fee.)

T-SHIRTS: All entries will receive a 2014 Seaport River Run T-shirt to be passed out before the race in a registrant information packet. (Pre-registration packets will be available on Thursday, April 24, from 8 a.m. to 5 p.m. and Friday, April 25 at the Lewiston Community Center, between 8 a.m. and 6 p.m.)

REFRESHMENTS: After the race, all participants are welcome to a free cold Aquafina water from Pepsi-Cola or a free cold Coors beer from Odom Northwest Beverages. Join the fun!

REGISTRATION: Accepted by mail or in person at Lewiston Parks and Recreation.

DEADLINE: Pre-registered, mailed entries must be postmarked no later than Wednesday, April 16. Late registrations will be accepted by mail or until 45 minutes before race time at the race site, $20 with a shirt and $12 without a shirt.

Lewiston-Clarkston's Traditional and Original Run For Fun Participation!

Sponsored by:
Lewiston Tribune, Art Beat, Lewiston Parks & Recreation, and KOZE AM/FM

37th Annual SEAPORT RIVER RUN Entry Form

Race No.

❑ Male
❑ Female

NAME _____ PHONE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

EMAIL _____

AGE ON RACE DAY _____

SHIRT SIZE:

Adult: ❑ Small ❑ Medium ❑ Large
❑ Ex. Large ❑ Dbl. Ex. Large

Child: ❑ Medium ❑ Large
(All shirts are 100% preshrunk cotton.)

DECLARATION - STATEMENT OF RELEASE

In consideration of the acceptance of my entry, I do hereby, for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against The Lewiston Morning Tribune, Lewiston Parks and Recreation, Art Beat, KOZE AM/FM, the states of Washington and Idaho, or its or their officers, the agents, representatives, successors and/or assigns for any and all loss or damages which may be sustained and suffered by me in connection with my said association with or entry and/or arising out of my traveling to, participating in and returning from said athletic meet. I have read the above statement. I understand it, and my signature confirms its full acceptance.

_____ , 2014
SIGNED (by entrant) DATE

❑ By April 16, $18 entry fee
❑ After April 16, $20 entry fee
❑ By April 16, No T-Shirt, $11 entry fee
❑ After April 16, No T-Shirt, $12 entry fee

RACE DISTANCE OPTIONS:

❑ 6.2 miles (10k), the longer distance
❑ 2.9 miles, the more moderate distance
❑ If wheel chair entrant

MAIL ENTRY AND FEE TO:
Seaport River Run - Parks and Recreation
P.O. Box 617 - Lewiston, Idaho 83501
Make Checks Payable To:
Lewiston Parks and Recreation

OR BRING ENTRY AND FEE TO:
Lewiston Parks and Recreation
Lewiston Community Center
1424 Main St. - Lewiston, Idaho 83501

Receipt No._____

Phone: 208-746-2313 • fax: 746-9110
email: lwelch@cityoflewiston.org