

## Adult Flag Football

Lewiston Parks and Recreation is offering an Adult Flag Football league. A 10 game season is guaranteed and each team must have a minimum of 8 players. Registration must be made as a team. (season will begin after Co-Ed Softball season has concluded). **Early Bird Registration - Monday, August 31- Friday, September 11. General Registration - Monday, September 14 - Friday, September 25. Ages: 16+ (not participating in fall high school sport)**

Day	Time	Location
Tuesday/Thursday	Evenings	Sunset Park
Mangers Meeting - Tuesday, October 6	6pm	Lewiston Community Center

**Early Bird Registration/Sponsor Fee: \$325/team\* General Registration/Sponsor Fee: \$375/team\***  
**Please sign up by: Friday, September 25. \*All team/sponsor fees are due at time of registration.**  
**Managers Meeting is Mandatory**



## Adult Co-Ed Volleyball

Get your gym shoes on and pump up your volleyball, another volleyball season is upon us! League play is non-officiated with a 10-match season for each team. Please register by team - 8 player minimum. **Early Bird Registration - Monday, August 31 - Friday, September 11. General Registration Monday, September 14 - Friday, September 25 Ages 16+ (not participating in high school sports)**

Day	Time	Location
Monday League	6pm - 10:30pm	Fenton Gym
Tuesday League	6pm - 10:30pm	Fenton Gym
Managers Meeting- Wed, October 7	6pm	Lewiston Community Center

**Early Bird Registration/Sponsor Fee: \$180/team\* General Registration/Sponsor Fee: \$230/team\***  
**Please sign up by: Friday, September 25 \*All team/sponsor fees are due at time of registration.**  
**Managers Meeting is Mandatory**



## Adult City League Basketball - Officiated League

Lewiston Parks and Recreation City League Basketball is also offering an officiated league. Games will be officiated by certified officials. All leagues are divided by playing ability with games held Sunday - Friday at area gyms with a 10 game season (2 preseason and 8 league games). Each team must consist of a minimum of eight players. **Early Bird Registration - Monday, November 2 - Friday, November 13. General Registration Monday, November 16 - Friday, December 4. Ages: 16+ (not participating in fall or winter high school sport)**

Day	Time	Location
Sundays	Afternoon/Evenings	TBA
Monday - Friday	Evenings	TBA
Managers Meeting - Wed, December 9	6pm	Lewiston Community Center

**Early Bird Team/Sponsor Fee: \$725/Team\* General Registration Team/Sponsor Fee: \$775/Team\***  
**Please sign up by: Friday, December 4. \*All team/sponsor fees are due at time of registration.**  
**Managers Meeting is Mandatory**



## NEW Drop -In Adult Soccer League

This new format will fit every soccer player in the valley. Drop-in adult soccer league will allow the members the ability to play on established small sided fields under the lights during the last part of October and first part of November. Interested players just need to purchase a player's card. Open play will take place on Sunday evenings from 6-8pm at Sunset Park. Field monitor, goals, painted fields, & outdoor lighting will be provided. **Registration - Monday, September 8 - Friday, October 9 Ages: 16+ (not participating in fall or winter high school sport)**

Day	Time	Location
Sundays	6-8pm	Sunset Park

**Player Card: \$20/Player. Please sign up by: Friday, October 9**



## Adult Indoor Soccer League

This program is for participants 16 years or older who like to play soccer. Games will be on Sunday evenings at Fenton Gym. Teams will get 8 games and must have at least 5 players on the roster. Play is 4 on 4 and this league is self-officiated. **Early Bird Registration - Monday, Nov. 23 - Friday, December 11. General Registration - Monday, December 14 - Wednesday, December 23 Ages: 16+ (not participating in winter high school sport)**

Day	Time	Location
Sundays	Afternoon/Evenings	Fenton Gym
Managers Meeting- Wednesday, January 6	6pm	Lewiston Community Center

**Early Bird Registration Fee: \$180/Team\* Registration Fee: \$230/Team\***  
**Please sign up by: Wednesday, December 23 \*All team/sponsor fees are due at time of registration.**  
**Managers Meeting is Mandatory**



## NEW Adult Dodgeball

Lewiston Parks and Recreation is offering a New Adult Dodgeball league. Teams play a 8 match season, followed by a single elimination tournament. Games will be played at Fenton Gym on Tuesday evening. Each team must have a minimum of 8 players. Registration must be made as a team. **Early Bird Registration - Monday, Nov. 23 - Friday, December 11. General Registration - Monday, December 14 - Wednesday, December 23 Ages: 16+ (not participating in winter high school sport)**

Day	Time	Location
Tuesdays	Evenings	Fenton Gym
Managers Meeting - Wednesday, Dec. 30	6pm	Lewiston Community Center

**Early Bird Registration/Sponsor Fee: \$180/team\* General Registration/Sponsor Fee: \$230/team\***  
**Please sign up by: Wednesday, December 23. \*All team/sponsor fees are due at time of registration.**  
**Managers Meeting is Mandatory**



# ADULT SPORTS

**Lewiston Parks & Recreation**  
*Creating Community through Programs, Parks, and Facilities*

